



Workshop Session 4 **Saturday 9:00 – 10:15 am**

S1 - Who's Taking Care of the Caregiver? [C]

By nature, care givers are co-dependent - they depend on others and their needs to have someone or something to focus their care on. A goal of this seminar is to help care givers explore beliefs, habits and your own needs that help you remain true to who God created you to be and to do what God has called you to do. A brief self-scoring co-dependency inventory will provide insight. *Myra Raab, Director of the Center for Spiritual Care at Saint John's Health System, Anderson Indiana.*

S2 - Transforming the Aging Experience [AS]

A culture of innovation within an organization creates improved experiences of aging--being connected to others, empowered with choices and flexibility, and provided opportunities of purposeful engagement. Receive tools to help your leadership team develop a culture of innovation by honestly analyzing your organization, taking stock of external and internal forces that drive decisions and behavior and understanding those you serve now and in the future. Be inspired and provoked to find ways your organization can transform the aging experience. *Sheri Peifer, Vice President, Research and Strategic Planning, Eskaton*

S3 - The five things you need to know about health care reform [G, H]

A timely presentation on what health care reform means and how it is evolving. Learn how reform will affect individuals, families and organizations. *Dave Gautsche, Everence senior vice president of products and services*

S4 – Racing with the Flow [All]

Racing can be a frenetic, driven, and draining mode of existence or it can mean finding one's flow, running with the wind, and living creatively. In this workshop, you will explore your racing style. Learn about resources for racing with energy and about burdens that hinder you. Martin Buber's notions of "I It" and "I Thou" will provide a framework for living in the necessary world of function while nurturing the flow of presence, spirit, and genuine meeting of the other. *Janet Stauffer, Assistant Professor of Marriage & Family Therapy, Evangelical Theological Seminary.*

S5 - Mentoring the Next Generation of Leaders [G, HR, L]

Where will tomorrow's leaders come from? You can start now to identify people with the talent, character and values your organization will need for future executive positions. Through examples and personal stories, learn how to invest in the development of current employees and how to identify and hire new employees to be mentored by your organization for leadership positions. Consider the role of board members and other key stakeholders in tapping potential leaders. Embrace the possibility that someone else might be mentoring your organization's future executive, and vice versa. *Kirk Alliman, retired president/CEO of Christian Care Communities of Kentucky*

